

Parent Handbook Pandemic Addendum 2022-2023

As we enter the 22/23 school year, we have updated requirements and recommendations from the Washington State Department of Health (DOH). This document outlines those requirements and regulations designed to ensure that our community is prepared for a safe and engaging program.

All guidance, procedures, and policies in this document are supplemental to those contained in the current MCS Family Handbook.

On-Campus Learning

We will begin the 2022-23 academic year on-campus with the expectation that specific health and safety procedures will be required. In the event that local health authorities place restrictions, close schools, or initiate a stay-at-home-order, we will transition to remote learning. MCS will follow all DOH requirements.

Preparing for Interruptions

MCS is prepared for the possibility of an interruption to on-campus learning. In the event our local community experiences a spike in COVID-19 cases and an interruption of physical operations occurs, we will shift to remote learning. The shift to remote learning will require one school day for preparation before on-line classes begin.

The decision to change or require specific scenarios is made by the Head of School. Any switch between on-site and remote learning will be communicated via email to all parents and staff. We will always err on the side of caution and safety. At any stage, government authorities may overrule these actions.

Illness / Sickness

Children and staff who have symptoms of COVID-19 are **required** to stay home and should get tested and/or see a health care provider and follow the return to school guidance accordingly. The DOH "What to do if a Person is Symptomatic" flowchart is below.

Daily Symptoms Screening for all staff and students.

We request that parents screen their child for symptoms *prior to arrival at school*. A "yes" answer to symptoms listed in the flowchart requires that the child stay home from school.

Exposure to a positive COVID case

Anyone exposed to a positive COVID case should monitor symptoms carefully. On day three after exposure, a rapid test may be administered. See the "Exposure" flowchart below.

COVID-19 outbreaks at school

In the event of a classroom exposure, MCS will notify all members of the class of the date of exposure and will communicate a timeline for symptom monitoring and testing. In addition, MCS will alert all community members of the positive case in a separate email. All positive cases and school exposures will be reported to the Washington State Department of Health.

Testing

MCS is part of the Washington Department of Health Return to Learn program. As such, we will maintain a supply of rapid antigen tests for our families. Tests are available in the office and we encourage you to use them if your family has been exposed or is experiencing symptoms.

Additional COVID-19 Precautions

In addition to symptom monitoring and testing, we will continue the following precautions:

- Frequent handwashing: upon arrival, prior to eating, when returning indoors from recess.
- Air quality: continuous ventilation through the air exchange system as well as in-room air purifiers.
- Daily disinfection of classroom materials and frequently touched surfaces (light switches, door handles, etc)
- Availability of outdoor workspaces.

Although the risk of severe illness may be different for everyone, anyone can get and spread COVID-19. Everyone has a role to play in slowing the spread and protecting themselves, their family, and their community. If you are sick with COVID-19 or have symptoms consistent with COVID-19, it is important to stay home and away from other people until symptoms have resolved.

What to do if a Person is Symptomatic



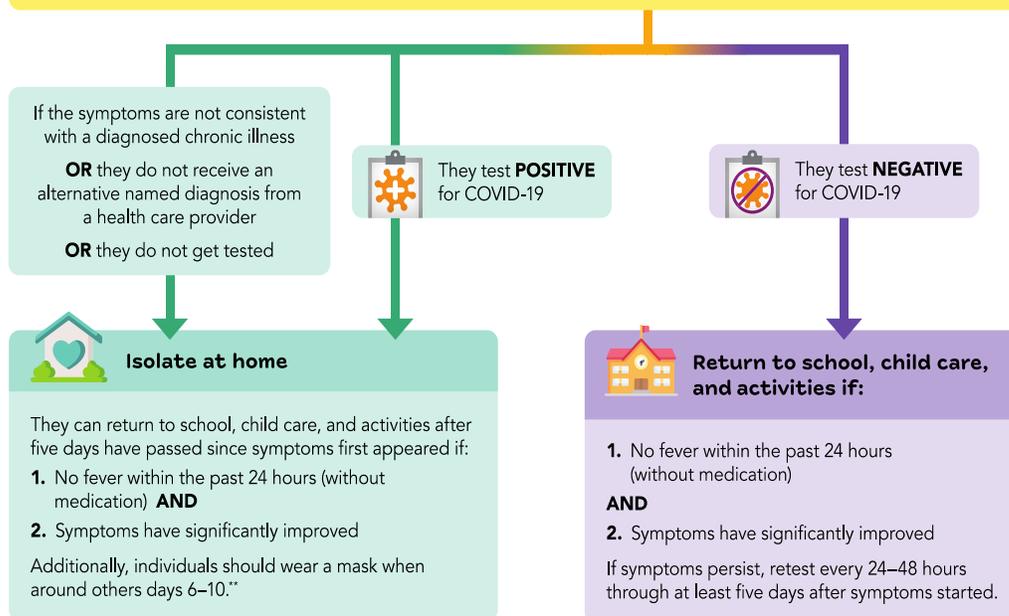
These recommendations are for K-12 schools, child care, and connected extracurricular activities.

If a person has one or more of these symptoms:

- Fever ($\geq 100.4^{\circ}\text{F}$) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)
- Nausea, vomiting, or diarrhea
- Fatigue
- Sore throat
- Congestion or runny nose*



Isolate at home and test for Covid-19



Child care providers should review their WAC and licensing requirements and follow any additional measures that are required.



DOH 820-229 August 4, 2022 To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.



* If the child is under the age of two and ONLY has congestion/runny nose with no other symptoms, testing is not required. If the child's symptoms worsen or persist longer than five days, follow the flowchart for children over two and it is highly recommended to contact a healthcare provider.

** If you cannot wear a well-fitting mask: You should complete a full 10-day isolation at home. See the [K-12/child care guidance](#) for additional information.

Updated 8/15/2022

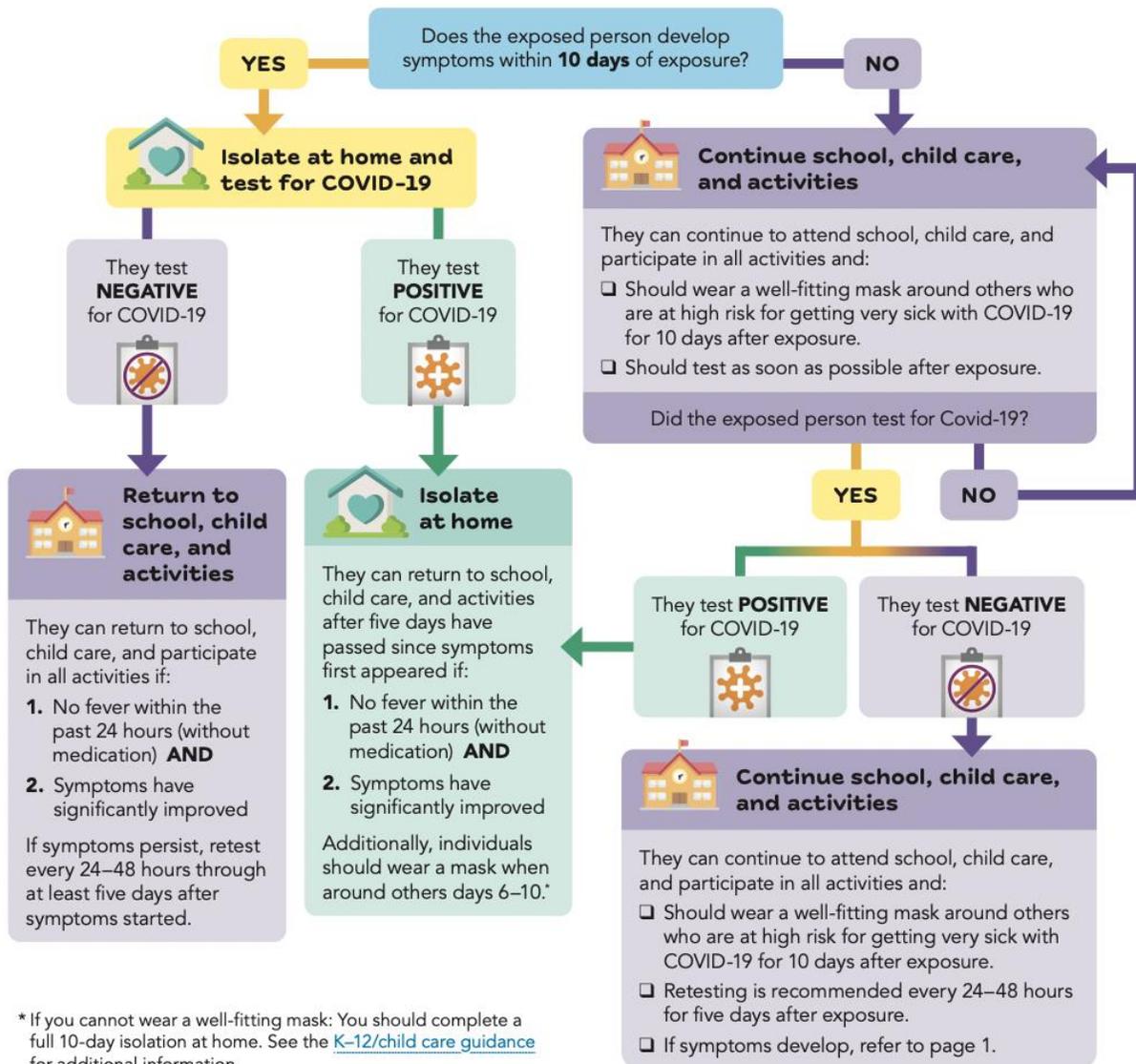
What to do if you receive an exposure notification or think you have been exposed to COVID-19



These recommendations are for K-12 schools, child care, and connected extracurricular activities.

Regardless of vaccination status, the following guidelines are recommended:

- Continue to attend school, child care, and activities.
- Monitor for symptoms for 10 days after exposure.
- Should test as soon as possible after exposure.
- Should wear a well-fitting mask for 10 days after exposure.



* If you cannot wear a well-fitting mask: You should complete a full 10-day isolation at home. See the [K-12/child care guidance](#) for additional information.